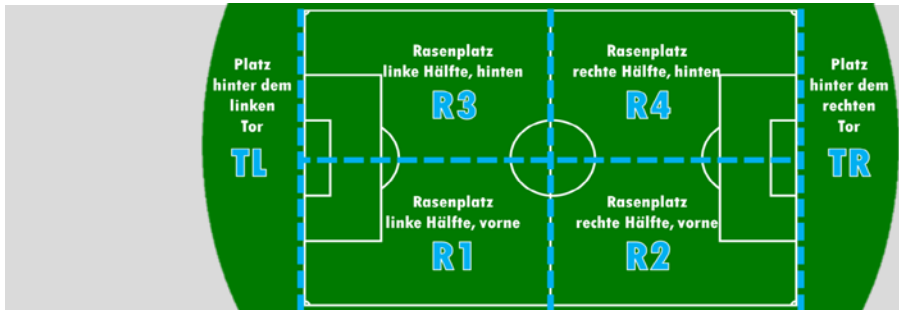


TRAININGSPLAN / PLATZBELEGUNG ab 1.12.2018



| Uhrzeit | Montag | | | | | | | | Dienstag | | | | | | | | Mittwoch | | | | | | | | Donnerstag | | | | | | | | Freitag | | | | | | | |
|---------------|--------|----|-----|------|-----|----------------|------------|-------------|----------|-----|----|----|--------|-------------|------------|------|----------|----|----|----|-----|-----|-----|-----|------------|----|----|----|-----|-----|-----|-----|---------|----|----|----|------|------------|------|------|
| | R1 | R2 | R3 | R4 | KR1 | KR2 | KR3 | KR4 | R1 | R2 | R3 | R4 | KR1 | KR2 | KR3 | KR4 | R1 | R2 | R3 | R4 | KR1 | KR2 | KR3 | KR4 | R1 | R2 | R3 | R4 | KR1 | KR2 | KR3 | KR4 | R1 | R2 | R3 | R4 | KR1 | KR2 | KR3 | KR4 |
| 15:00 - 15:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15:30 - 16:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:00 - 16:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:30 - 17:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:00 - 17:30 | | | | | | | | | F 1 | E 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:30 - 18:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:00 - 18:30 | | | E 1 | U 11 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:30 - 19:00 | | | | | C 2 | U 13 U 15.2 | D 1 D 3 | C 1 | | | | | U 15.1 | B 3 U 17 | D 2 C 3 | B 2 | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:00 - 19:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:30 - 20:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:00 - 20:30 | | | | | A 1 | A 2 | AH | Flichtlänge | | | | | | | DA 1 | DA 2 | | | | | | | | | | | | | | | | | | | | | HE 3 | Landjugend | HE 1 | HE 2 |
| 20:30 - 21:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:00 - 21:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

**Wir bitten alle Trainer und Betreuer, sich an diesen Plan zu halten.
Änderungen untereinander sind möglich, solange Dritte nicht betroffen sind.**